



*Coastal*  
**KARATE**

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# Fall Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
8:30			Ladies Class 8:30-9:30		Ladies Class 8:30-9:30		Boot Camp 8:30-9:30		
8:45									
9:00									
9:15									
9:30									
9:45						Family Class 9:45-10:45			
10:00									
10:15						Monthly Testing			
10:30									
10:45									
11:00									
11:15									
11:30									
11:45									
12:00		LCLC		LCLC					
12:15									
12:30									
12:45									
1:00				Private Lessons					
1:15									
1:30									
1:45									
2:00									
2:15					Christ Kids				
2:30									
2:45									
3:00									
3:15									
3:30									
3:45									
4:00		Private Lessons	Private Lessons			Private Lessons			
4:15									
4:30									
4:45					Tigers & Dragons 4:15-4:45				
5:00		Beginner & First Intermediate Kids 5:00-5:45	Second Intermediate / Advanced 5:00-5:45	Beginner & First Intermediate Kids 5:00-5:45	Beginner & First Intermediate Kids 5:00-5:45	Private Lessons/ Demo Team 5:00-7:00			
5:15									
5:30		Second Intermediate / Advanced 5:45-6:30	Beginner & First Intermediate Kids 5:45-6:30	Second Intermediate / Advanced 5:45-6:30	Second Intermediate / Advanced 5:45-6:30				
5:45									
6:00		Blackbelt II 6:30-7:20	Black Belt I 6:30-7:20	Private Lessons/	Blackbelt Teen Adult Open 6:30-7:20				
6:15									
6:30									
6:45									
7:00									
7:15									
7:30									
7:45									
8:00									
8:15									
8:30									
8:45									
9:00									